

# Mi Generation

In pursuit of potential, purpose and passion

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# Meaning

## ACTIVITY SHEET



Who am I, why am I here and what am I worth? Three of the most important questions you can ever ask, and answer! To a world that's confused about identity and struggles to find satisfaction and meaning, Jesus offers true value and purpose. When you discover who Jesus is and embrace him as your own, He reveals your identity and purpose to you. You have been born with unique gifts and granted the opportunity to live an incredible life packed with purpose – all for one very important cause that's bigger than yourself.



### **PROGRAM DESIGN AND OBJECTIVES SUMMARY**

**This session is designed to help you:**

- (a)** who you are (identity)
- (b)** why you are here (purpose)
- (c)** what is your worth (value)

# Who Do You Say That I Am?

To understand your true identity, purpose and worth, you not only need to know who you are, but also discover whose you are. To make that discovery, you need to first get to learn who He is.

When Jesus came to Caesarea Philippi, He asked His disciples the question; 'Who do people say that I am?' They gave different answers before Jesus then asked; 'But who do you say that I am?' (as recorded in Matthew 16:13-15)



**Q:** Who is Jesus to you?

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# Who is He?

**CREATOR  
OF THE  
UNIVERSE;  
AUTHOR OF  
LIFE**

**GOD THE  
SON, WISE  
TEACHER,  
MIRACLE  
MAKER**

**THE ONLY  
WAY TO  
ACCESS GOD  
THE FATHER**

**MESSIAH,  
SAVIOUR OF  
HUMANITY**

**BEST FRIEND,  
PAID THE  
PRICE FOR  
MY SINS**

**KING OF  
KINGS, ALL  
MIGHTY, ALL  
KNOWING;  
LOVE**

## How Can You Be Sure?

**“THROUGH HIM [JESUS] ALL THINGS WERE MADE; WITHOUT HIM NOTHING WAS MADE THAT HAS BEEN MADE.” (JOHN 1:3 NIV)**

If Jesus is the creator of the universe and the author of life, then he made you!

**“AND HE WAS SHOWN TO BE THE SON OF GOD WHEN HE WAS RAISED FROM THE DEAD BY THE POWER OF THE HOLY SPIRIT. HE IS JESUS CHRIST OUR LORD.” (ROMANS 1:4 NLT)**

If Jesus is the Son of God and has the power to conquer death, He can restore you too.

**“JESUS ANSWERED, I AM THE WAY AND THE TRUTH AND THE LIFE. NO ONE COMES TO THE FATHER EXCEPT THROUGH ME.” (JOHN 14:6 NIV)**

If Jesus is the only way to the Father, then He is your only hope for an everlasting life.

**“FOR GOD SO LOVED THE WORLD, THAT HE GAVE HIS ONLY SON, THAT WHOEVER BELIEVES IN HIM SHOULD NOT PERISH BUT HAVE ETERNAL LIFE.” (JOHN 3:16 ESV)**


If Jesus is the Messiah (which means chosen or anointed saviour), then you're in luck.

**“BUT GOD DEMONSTRATES HIS OWN LOVE FOR US IN THIS: WHILE WE WERE STILL SINNERS, CHRIST DIED FOR US.” (ROMANS 5:8 NIV)**

If Jesus laid down his life for you, then there's no greater expression of love for a friend.

**GIVE THANKS TO THE LORD OF LORDS, FOR HIS STEADFAST LOVE ENDURES FOREVER” (PSALM 136:3)**

If Jesus is who He says He is, then you've got so much to be thankful for



**In knowing  
'who Jesus is'  
what does it  
tell you  
about 'who  
you are'?**

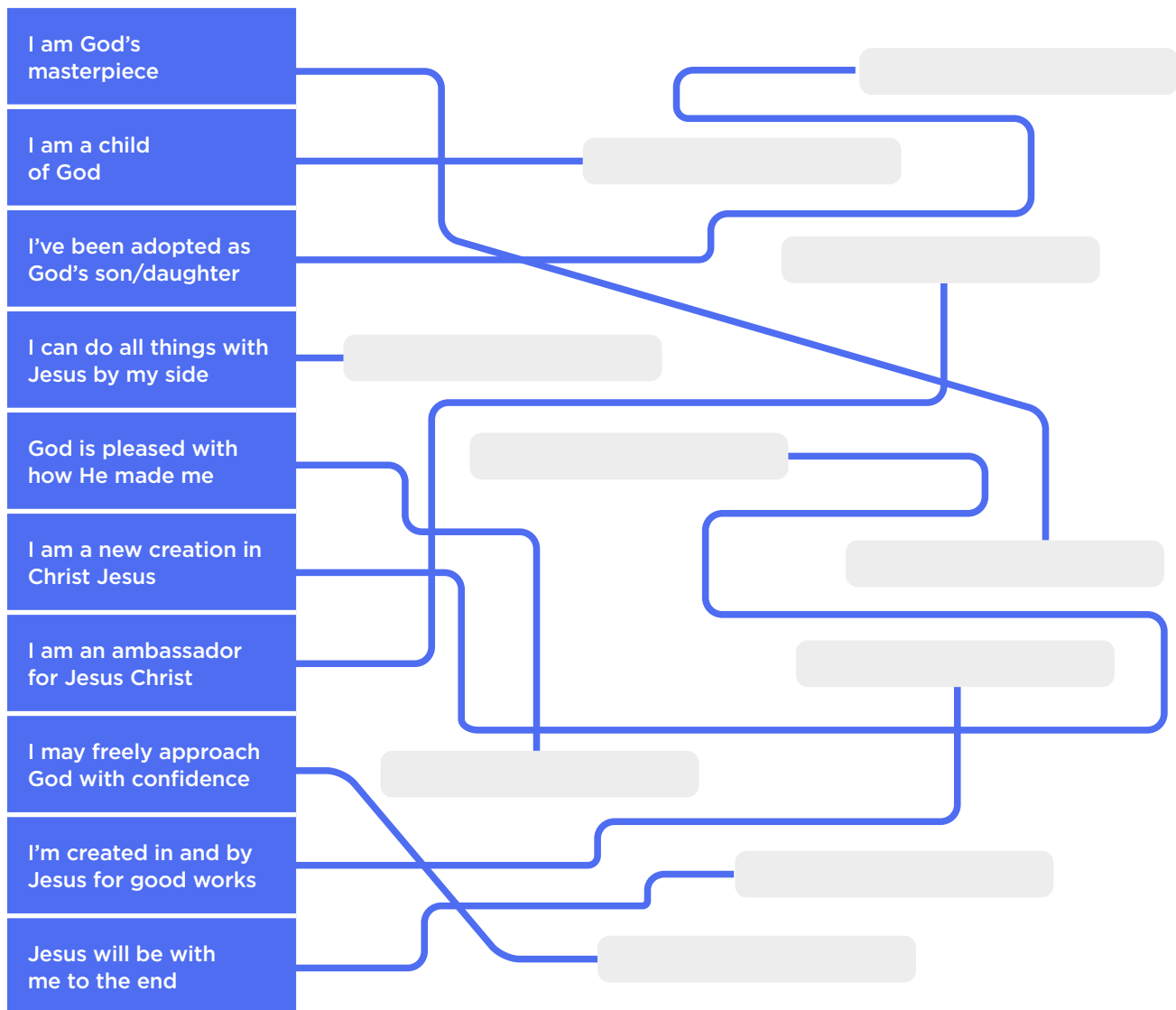
# Who does He say you are?

Knowing what you now know about Jesus, what do you think it tells you about who He believes you are? In fact, don't just think it, read it for yourself! Get hold of a Bible (if you don't have one, simply download a free Bible App) and check out the following scriptures.



Match them to who God says you are. Write the correct verse in the connecting blank space:

- |                  |                |               |                  |                    |
|------------------|----------------|---------------|------------------|--------------------|
| EPHESIANS. 2:10  | MATTHEW 28:20  | EPHESIANS 1:5 | PHILIPPIANS 4:13 | EPHESIANS 3:12     |
| CORINTHIANS 5:17 | GENESIS 1:31 2 | JOHN 1:12     | EPHESIANS 2:10   | 2 CORINTHIANS 5:20 |



I am God's masterpiece = Ephesians. 2:10; I am a child of God = John 1:12; I've been adopted as God's son/daughter = Ephesians 1:5; I can do all things with Jesus by my side = Philippians 4:13; God is pleased with how He made me = Genesis 1:31; I am a new creation in Christ Jesus = 2 Corinthians 5:17; I am an ambassador for Jesus Christ = 2 Corinthians 5:20; I may freely approach God with confidence = Ephesians 3:12; I am created in and by Jesus for good works = Ephesians 2:10; Jesus will be with me to the end = Matthew 28:20

# Keys to Unlocking Your Potential

King Solomon, who is widely considered to be one of the wisest and wealthiest men who ever lived, commissioned young people throughout the generations to “remember your Creator in the days of your youth” (Ecclesiastes 12:1). It is in your youth that God plants the seeds of purpose in your heart. There are three different keys to unlocking your potential: 1. Develop your gifts, skills and talents; 2. Recognise your interests and passions, and 3. Discover your true value and purpose.



GIFTS	SKILLS	TALENTS
Things I was born with; abilities that come naturally	Things I have learned; abilities I have acquired	Combining my gifts and skills; to develop mastery (an exceptional ability)
1. 2. 3.	1. 2. 3.	1. 2. 3.
INTERESTS	PASSION	PURPOSE
Things that stimulate my mind and capture my attention	Things that move me and capture my heart	How can I use my abilities, interests and passions to make a difference in the lives of others
1. 2. 3.	1. 2. 3.	1. 2. 3.

**FUN FACT:  
THE WORD  
'INDIVIDUAL'  
COMES FROM THE  
LATIN 'INDIVIDUUS',  
WHICH MEANS 'ONE  
AND INDIVISIBLE;  
INSEPARABLE'!**

In other words, the identity, purpose and value god has given you can't be divided, separated or taken away from you. You are unique. So be yourself. Don't try to be like anyone else - they are already taken!

# 01

**DEVELOPING YOUR GIFTS, SKILLS AND TALENTS IS KEY BECAUSE WITH MASTERY, YOU BECOME VALUABLE TO OTHERS.**

# 02

**RECOGNISING YOUR INTERESTS AND PASSIONS IS KEY IN MAINTAINING MOTIVATION; GIVING YOU STEAM FOR THE DREAM.**

# 03

**DISCOVERING HOW YOU CAN MAKE A VALUABLE CONTRIBUTION TO THE WORLD IN WHICH YOU LIVE IS KEY IN CULTIVATING THE KIND OF ROBUST SELF-WORTH THAT NO MOTH CAN EAT, NO THEIR CAN STEAL, NO RUST CAN DESTROY... IT'S TIMELESS TREASURE!**







**What practical action steps can you take to line your behaviour up with your values?**

**Q:** What's one gift that you could start working on today, so that by honing your skills you could, over time, end up being a master of your craft (an exceptional ability)?

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**Q:** How could you already start to combine this ability with the things you are interested in and passionate about, to serve, help or bless others?

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**JESUS IS INVITING  
YOU TO PARTNER  
WITH HIM TO BRING  
HOPE TO A BROKEN  
WORLD:**

to love with passion,  
fight with honour, serve  
with humility and live  
for a cause that's bigger  
than ourselves.

